

At North Highlands, our mission is simple:

#### To live in everyday pursuit of Jesus.

One way we have set out to live in everyday pursuit of Jesus is by reading the Bible together as a church family.

Each month we provide a new bookmark with the readings for the month which include:

A Daily Psalm to be read every Monday - Friday AND three passages (New Testament, Old Testament, and Sermon Passage) to read each week in preparation for Sunday's sermon.

Week 1	Psalm-a-Day	Sermon Prep
M	Psalm 1	John 6:22-40
Т	Psalm 2	
W	Psalm 3	Exodus 16
TH	Psalm 4	
F	Psalm 5	Matt 6:11
Week 2		
M	Psalm 6	2 Cor 5:11-21
Т	Psalm 7	
W	Psalm 8	Isaiah 43:1-21
TH	Psalm 9	
F	Psalm 10	Matt 6:12
Week 3		
M	Psalm 11	James 1:12-15
Т	Psalm 12	
W	Psalm 13	Proverbs 2:1-15
TH	Psalm 14	
F	Psalm 15	Matt 6:13
Week 4		
M	Psalm 16	Rom 8:29-30
Т	Psalm 17	
W	Psalm 18	Deut 7:6-8
TH	Psalm 19	
F	Psalm 20	Eph 1:1-14
Week 5		
M	Psalm 21	Romans 8:9-11
Т	Psalm 22	

Psalm 23

Psalm 24 Psalm 25 Fzk 36:22-28

Eph 1:15-23

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# Practice of the Month Prayer

At North Highlands, our mission is simple:

#### To live in everyday pursuit of Jesus.

One way we have set out to live in everyday pursuit of Jesus is by practicing a monthly spiritual discipline together as a church family.

Over the next four weeks of May, the plan is to explore the practice of prayer.

### —⊹— Week 1

Talking to God

## Week 2

Talking with God

#### Week

Week 3
Listening to God

# Week 4 Being with God

Simply scan the QR Code below to download the practicingtheway.org Companion Guide. Inside, you'll find corresponding weekly exercises, readings, and resources to help you create new daily prayer rhythms.

## **SCAN ME**

